

Calendar of Events

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November 7, 2025

Behind the Silence: Understanding Men's Hidden Struggles

12:00 PM - 02:00 PM EST

This webinar explores the complex psychological, relational, and societal challenges facing men today. Participants will examine how cultural concepts of masculinity influence identity, coping strategies, and help-seeking behaviors. The webinar addresses the lasting psychological and relational effects of male sexual abuse, the impact of fatherlessness, the lack of male mentorship, and the role of social isolation in men's mental health. Attention will also be given to aging-related health and psychological concerns unique to men. Participants will gain deeper insight into men's experiences and develop strategies for more effective therapeutic engagement and support.

Dr. Carpenter is a Licensed Psychologist in the state of Michigan. He and his spouse, Mary A. Carpenter, LMSW are the founders of Insight Counseling Services. Dr. Carpenter has a doctoral degree in Clinical Psychology from Forest Institute of Professional Psychology; earned a Master of Science in Counseling and Substance Abuse Rehabilitation from Pace University, and has an Associates of Arts in Theological Studies from Kent Christian College.

He has a keen ability to translate academic psychology and sound clinical research into clinical practice and in his writings. He has extensive study and therapeutic skills in the area of gender role conflict, shame, sexual abuse and trauma, and chemical and behavioral addictions.

He enjoys reading, studying, research, church activities, playing the piano, painting, and spending time with his wife, Mary; two children, Dawson and Morgan; his daughter-in-law, Victoria; and his two Cavalier King Charles Spaniels: Louis and Camella.

November 14, 2025

Wayne State University Educational Event: Title Pending - Providing Trauma Informed Care to

01:00 PM - 01:30 PM EST

Coming Soon